

Grace Bible Chapel
Sunday, Feb 8th, 2026
The High Price of Adultery
Proverbs 6:20-35

²⁰My son, observe the commandment of your father And do not forsake the teaching of your mother;
²¹Bind them continually on your heart; Tie them around your neck.
²²When you walk about, they will guide you; When you sleep, they will watch over you; And when you awake, they will talk to you.
²³For the commandment is a lamp and the teaching is light; And reproofs for discipline are the way of life
²⁴To keep you from the evil woman, From the smooth tongue of the adulteress.
²⁵Do not desire her beauty in your heart, Nor let her capture you with her eyelids.

Introduction: _____

I. **The Authority and Blessing** of Godly Instruction: (vv.20-25) _____

II. **Adultery's Hidden Cost** – Argument One: (vv.26-33) _____

III. **Adultery's Inescapable Consequences** – Argument Two: (vv.34-35) _____

Conclusion: _____

Reflection Questions:

1. How am I actively binding God's wisdom to my heart and daily life so that it guards me before temptation arises, not merely after?
2. Where have I been tempted to entertain desire in my heart through what I look at, dwell on, or rationalize, rather than cutting it off as Solomon commands in verse 25?
3. How seriously do I consider the hidden cost of adultery, especially the damage it does to trust, honor, and covenant faithfulness?
4. When I consider the inescapable consequences Solomon describes, does that drive me toward greater vigilance and humility before God, or does it expose a heart that is careless or spiritually dull?

Heart Check

- Adultery is a sin that promises pleasure, hides its cost, and leaves consequences that cannot be undone, but God's wisdom guards the heart, and His grace heals the broken.
- Am I guarding my heart with God's wisdom where it matters most, and when I have failed, am I fleeing to Him in humility rather than hiding in shame or self-justification?

"Even adultery is not the unforgiveable sin. It is a terrible sin, but God forbid that there should be anyone who feels that he or she has sinned himself or herself outside the love of God or outside His kingdom because of adultery. No; if you truly repent and realize the enormity of your sin and cast yourself upon the boundless love and mercy and grace of God, you can be forgiven and I assure you of pardon. But hear the words of our blessed Lord: 'Go and sin no more.'"

Dr. Martyn Lloyd-Jones