

Grace Bible Chapel

Grace Women's Study – Lesson Ten

Tuesday, April 22nd, 2025

Heb 12:1-3; Prov 31:30-31 – Running the Race with Endurance

Heb 12:1-3 – *“Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. For consider Him who has endured such hostility by sinners against Himself, so that you will not grow weary and lose heart.”*

Prov 31:30-31 – *“Charm is deceitful and beauty is vain, But a woman who fears the LORD, she shall be praised. Give her the product of her hands, And let her works praise her in the gates.”*

I. Run with Endurance: (Heb 12:1)

- God has marked out a race for you, not someone else's, and He calls you to run it with perseverance, not perfection: _____

II. Fix Your Eyes on Jesus: (Heb 12:2-3)

- Jesus is not only your example in the race, He is your source of strength, your sustainer, and your finish line: _____

III. **Finish with Faithfulness and Hope:** (Prov 31:30-31)

- The woman who fears the Lord may go unnoticed by the world, but her reverent life will be remembered and praised by God: _____

IV. **Conclusion:**

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The Godly Woman

L1 – You were created for God’s glory.	L6 – Devotion to Christ must come before service.
L2 – Sin distorted God’s design, but not His purpose.	L7 – The home is your God-ordained sphere of influence.
L3 – Faith grows as you wait on the Lord.	L8 – Your role in the church is vital and worshipful.
L4 – Submission is strength under God’s rule.	L9 – Your quiet faith shapes generations.
L5 – True beauty flows from the fear of the Lord.	L10 – Endure with your eyes on Christ, and finish well.

Reflection Questions:

1. What burdens or distractions tend to slow you down in your walk with the Lord?
2. In what ways do you struggle to keep your eyes fixed on Christ during difficult seasons?
3. How does the promise of God’s praise for the woman who fears Him encourage you to finish well?
4. What would it look like for you to run faithfully in your current season of life?

Heart Check:

- Am I running my race for the approval of others, or for the joy of finishing in faith before the Lord?

“Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that your toil is not in vain in the Lord.”

1 Corinthians 15:58