

# Grace Bible Chapel

Grace Women's Study – Lesson Five

Tuesday, March 3<sup>rd</sup>, 2025

## **1 Pet 3:3-4; 1 Tim 2:9-10; Prov 31:25-26, 30 – A Woman Adorned with God's Beauty**

**1 Pet 3:3-4** – “Your adornment must not be merely external—braiding the hair, and wearing gold jewelry, or putting on dresses; but let it be the hidden person of the heart, with the imperishable quality of a gentle and quiet spirit, which is precious in the sight of God.”

**1 Tim 2:9-10** – “Likewise, I want women to adorn themselves with proper clothing, modestly and discreetly, not with braided hair and gold or pearls or costly garments, but rather by means of good works, as is proper for women making a claim to godliness.”

**Prv 31:25-26, 30** – “Strength and dignity are her clothing, And she smiles at the future. She opens her mouth in wisdom, And the teaching of kindness is on her tongue.”

**Prv 31:30** – “Charm is deceitful and beauty is vain, But a woman who fears the LORD, she shall be praised.”

### I. **God's Definition of Beauty:** (1 Pet 3:3-4; 1 Tim 2:9-10)

1. **Beyond the External:** \_\_\_\_\_

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2. **The Hidden Person:** \_\_\_\_\_

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3. **Precious to God:** \_\_\_\_\_

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### II. **The Danger of Outward Focus:** (Prv 31:30)

1. **Vanity's Trap:** \_\_\_\_\_

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2. **Fading Beauty:** \_\_\_\_\_

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3. **God's Perspective:** \_\_\_\_\_

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### III. **Cultivating a Gentle & Quiet Spirit:** (1 Pet 3:4; Prv 31:25-26)

1. **Strength in Gentleness:** \_\_\_\_\_

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2. Peace in Quietness: \_\_\_\_\_

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3. Impact Through Godliness: \_\_\_\_\_

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IV. **Practical Steps to Adorn God's Beauty:**

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**Reflection Questions:**

1. Where do I find my worth – in outward beauty or in the hidden beauty God treasures? \_\_\_\_\_

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2. How can I lean on Christ daily to grow a gentle and quiet spirit? \_\_\_\_\_

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3. What worldly beauty traps (like charm or trends) must I turn away from, trusting God's Word instead? \_\_\_\_\_

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4. How does a heart adorned by Christ bless my relationships? \_\_\_\_\_

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5. **Heart Check:** Do I cherish God's beauty over the world's glitter? How can trusting His grace, strength, and love reshape what I see as beautiful? \_\_\_\_\_

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